Soldier Hollow to

Offer Biathlon Clinic

ment of athletes, regardless of age or ability, as well as make Olympic Games more accessible to the public, the Utah Winter Games is holding its thirteenth season of exciting, afford-

able winter sport clinics and events.

In an effort to help the develop-

This time around, a biathlon clinic will be held at Soldier Hollow, Wasatch Mountain State Park in Midway, on Dec. 19, 1998. This is a great opportunity to learn beginning biathlon techniques, both the skiing

No experience necessary and there is no charge. All you need to bring is your cross country skis and poles, along with a desire to learn. If needed, .22 caliber bolt rifles will be made

and the shooting.

available, also.

The clinic, which is held from 9:30 a.m. to noon, will be instructed by Gary Wallin of the Utah National Guard, and Joan Guetschow,

Olympian and Biathlon coach.

Registration will be from 9 a.m. to 9:45 a.m. the day of the events. Interested parties may pre-register by calling (801)975-4515.

If the biathlon isn't your thing,

then check out the other clinics offered by Utah Winter Games: learn to bobsled at Bear Hollow on Jan. 13-15; learn to cross country ski at White Pine Touring Center in Park City on Dec. 12 and 13; learn figure skating on Nov. 20, 27, and Dec. 5; learn to snowboard the half pipe at Park City

Mountain Resort on Dec. 13 and 20;

learn to snowboard the giant slalom at Park City Mountain Resort on Dec. 12; learn ice hockey on Dec. 16 at Oquirrh Park Oval; learn to ski on Dec. 21 at The Canyons; learn to ski jump at Bear Hollow in Park City on Dec. 19; learn to snowboard on Dec.

5 and 13 at Park City Mountain Resort, and again at The Canyons on Dec. 22; learn speed skating on Nov. 19, Dec. 9 and Dec. 15; and learn technical skiing and gates at Deer Valley Resort on Dec. 19.

On top of those, there are also clin-

ics on ski racing for people with disabilities (Jan. 6 and 7), mogul skiing (Dec. 12), and a number of winter sports safety clinics.

With access to the finest winter

With access to the finest winter recreational facilities in the world, Utahns have the unbelievable opportunity to ski and snowboard at some of the world's greatest ski resorts on undeniably the world's greatest snow. Add to that the new Olympic facilities for luge, bobsled, ski jumping, speed skating, hockey, cross country, biathlon and curling, and it's obvious that Utahns have an unparalleled combination of resources at their fingertips.

Combine those resources with the free Utah Winter Games instructional clinics, which provide world class instructors (many are former Olympians!), and you have an unbeatable way to get involved in that sport you always thought was too expensive to learn.

The Utah Winter Games runs its

free instructional clinics through November and December, with its competitive events running Jan. 2-18. Nov. 14 marked the beginning of the Utah Winter Games season, with a Red Cross Sports Safety Training clinic. Speed skating, figure skating, snowboard and telemark clinics run the following two weeks, with many more to come in December.

Jan. 2, 1999 marks the start of the competition season, with women's

Jan. 2, 1999 marks the start of the competition season, with women's hockey, half pipe and Southwest Airlines recreational ski races at Deer Valley, Snowbird and Brighton. The season wraps up on Jan. 18 with speed skating, snowboarding giant slalom and the Knudsen Cup high school ski races. In between, you'll find competitive events tailored to people of all ages and all abilities in over 25 winter sports.

To register or receive more information on any Utah Winter Games program, call 1-800-959UTAH, or access the Utah Winter Games website at www.utahwintergames.org.

165 East 600 South Heber City, Utah 84032 • 654-1202

Comprehensive family dentistry including: Sealants, root canals, crown and bridge work.

Complete Family Dentistry New Patients & Emergencies Welcome Cosmetic Dentistry

654-4009 37 West Main • Midway

Prevention Services

PREVENTION SERVICES OF WASATCH COUNTY 32 W. 200 S., P.O. Box 126, Heber City, UT 84032

801-654-3003

Professional counseling available for individuals, couples and

Funded by Utah Division of Substance Abuse, Wasatch County, and Mountainland Association of Governments.

Preferential treatment given to pregnant women and dependent children. We do not discriminate based on ability to pay. Sliding fee schedule available.

Optometrist

Dr. Bradley Rounds O.D.

454 North Main Heber City, UT 84032 654-1863

Complete family vision care, designer frames and contact lenses.

Chiropractic

KELLY B. JARVIS

Certified Chiropractic Orthopedist

Wasatch Chiropractic Office 540 South Main, leber City, Utah 84032 54-3032

Locksmith

Heber Valley Lock & Safe John Harrison 654-2398

- Locks installed, rekeyed, repaired
- Safes sold, combination changes
- · Replace lost car keys

Counseling

Nasatch Mental Healt

135 So. Main, Suite 208 Heber City, UT 84082

654-1618

Professional outpatient services include:

- Diagnostic evaluation
- Individual family & group therapy
 Medication management

Architecture



LYTHGOE & STEINBACH

ARCHITECTS & PLANNERS

LANE LYTHGOE

Heber, Utah + 654-4064

Massage

Relaxing Therapeutic Massage

Renée Corbett

icensed Massage Therapist

(435) 654-4597

REFLEXOLOGY

SPORTS MASSAGE - DEEP TISSUE Pain relief — Stress reduction

Hearing

Barry D. Finlay, BC-HIS



Miracle • Ear® Hearing Systems by Bauch & Lomb

540 S. Main Street Heber City, Utah 84032 1 800 748-4999

Advertise in

the Heber

Vallev

Mortgage

TADEL FINANCIAL GROUP LOW INTEREST RATES!

r. %6.125

30YR. %6.500

ON'T MISS YOUR OPPORTUNITY! CALL FOR A FREE PRE-APPROVAL:

(435) 655-7999

MATTHEW MEINHOLD

Professional Services Call

654-1471

Subscribe To The Wasatch Wave